



PRRT™ Level 3

Advanced Seminar

PRRT™ Level 3 – Advanced Reflex Integration & Assessment

Provider: REFLEX RELEASE LLC

Format: Live, hands-on labs

Contact Hours: 21 (attendance + lab participation required)

Audience: PT, DC, LMT, ATC, OT, DO, performance professionals

Prerequisite: PRRT™ Level 2

Course Description

The Primal Reflex Release Technique™ (PRRT™) Level 3 Advanced Seminar builds on the anatomy, reflex integration, and autonomic nervous system (ANS) function introduced in Levels 1 and 2. Students will learn over 40 new hands-on techniques for clinical application, along with the Half-Minute Exam—a rapid screening tool to identify why some clients fail to respond to conventional care.

The seminar provides a deep understanding of the vagus and trigeminal nerves, autonomic recalibration, and achieving a “quiet cranium.” Instruction combines lecture, PowerPoint, anatomical slides, live demonstrations, and supervised lab sessions to equip practitioners with immediately usable clinical skills. A review of prior PRRT™ exams and techniques is included.

Learning Objectives

- Perform the Half-Minute Exam to assess global reflexive dysfunctions (structure list available upon request).
- Explain how stress up-regulates the Autonomic Nervous System and identify strategies for calming overactivity.
- Demonstrate proficiency in 40+ new PRRT™ techniques that address pain throughout the body.
- Integrate energetic psychology principles to address emotional patterns contributing to pain.
- Synthesize knowledge from Levels 1 and 2 for advanced, full-body application.
- Identify and address 12 common reasons conventional treatment or PRRT™ may not resolve pain.
- Apply advanced techniques safely and within their professional scope of practice.



PRRT™ Level 3

Advanced Seminar

Detailed Agenda — Time Blocks

Friday

- 8:45–9:00 Registration and check-in
- 9:00–9:30 Review of PRRT™ concepts and course overview
- 9:30–10:30 Advanced anatomy & the Autonomic Nervous System
- 10:30–11:00 Introduction to the Half-Minute Exam
- 11:00–1:00 Half-Minute Exam demo and labs
- 1:00–2:00 Lunch
- 2:00–4:00 Grade V Fascial Release & advanced palpation
- 4:00–6:00 Clinical integration and case examples

Saturday

- 9:00–10:00 Lumbopelvic and Trunk Reflex Integration Techniques
- 10:00–11:00 TMJ Module
- 11:00–1:00 Simultap™ Protocols
- 1:00–2:00 Lunch
- 2:00–5:30 Integrating advanced releases and case-based application
- 5:30–6:00 Group discussion and review

Sunday

- 9:00–11:00 Protective Heart Reflex and Emotional Reflex Integration
- 11:00–1:00 Final review of Half-Minute Exam and clinic flow application
- 1:00–2:00 Lunch
- 2:00–3:00 Instructor Q&A and clinical implementation strategies
- 3:00–3:30 Final labs and assessments; Certificates and closing



Instruction, Assessment & CE Credit

- Methods: Lecture, PowerPoint, guided labs, and small-group coaching.
- Assessment: Instructor observation and practical skill checks.
- Completion: Full attendance and participation required for CE credit.
- Certificate: Issued by REFLEX RELEASE LLC upon successful completion.

Included Materials

- Level 3 Manual (digital & print)
- Half-Minute Exam Chart (Clinic Copy)
- ANS Review (online video)
- 10 Pearls of Wisdom – Dr. James Woessner
- Most Difficult Pain Patients – Dr. Nathan Wei
- EFT Manual & video by Sue Hannibal
- Exclusive interview with Dr. Childers
- PowerPoints: If Not YOU...Who? and Putting Out the Flames of Fibro(myalgia)

Safety, Contraindications & Scope

- Contraindications are reviewed during class (e.g., unchanging nocturnal pain, seizure history, severe depression).
- Informed consent and appropriate clinical boundaries are required.
- Techniques must be applied within the practitioner's professional license and scope.